

EXTRA FILLINGS

Standard Filling.....£0.80
Chicken, Bacon, Brie, Cheddar, Egg, Sausage, Mozzarella, Salami, Ham, Tuna, Blue Cheese, Smoked Cheddar, Houmous, Cream Cheese

Premium Filling.....£1.60
Curried Chicken, Parma Ham, Goat's Cheese, Roast Beef, Prawns, Jarlsberg Cheese, Onion Bhaji, Beetroot Falafel, (Smoked Salmon £2.00)

Standard Salad.....£0.20
Tomato, Lettuce, Cucumber, Sweetcorn, Cress, Red Onion

Premium Salad.....£0.50
Roasted Red Pepper, Jalapenos, Avocado, Olives, Sun-dried Tomatoes, Coleslaw

Sauces.....£0.10
Pesto, Mango Chutney, Mayo, Chilli Jam, Piri Piri, BBQ, Cranberry, Pickle, Onion Chutney, Fig Relish, Salad Cream, Ketchup, Brown, Mustard, Horseradish

SALADS

Choose a Salad

British Cheese - Mature Cheddar, Blue Cheese & Pickle.....£5.60
Mixed leaf lettuce, Cucumber, Tomato, Red onion, Sweetcorn, Roasted red peppers, Homemade coleslaw & Cress

Chicken Caesar - Roast Chicken & Caesar Dressing.....£4.80
Mixed leaf lettuce, Cucumber, Tomato, Red onion, Sweetcorn, Roasted red peppers, Homemade coleslaw & Cress

Deli Classic - Roast Chicken, Bacon & Avocado.....£6.00
Mixed leaf lettuce, Cucumber, Tomato, Red onion, Sweetcorn, Roasted red peppers, Homemade coleslaw & Cress

Vegan - Beetroot Falafel & Caramelised Onion Chutney.....£5.60
Mixed leaf lettuce, Cucumber, Tomato, Red onion, Sweetcorn, Roasted red peppers, Homemade coleslaw & Cress



DRINKS

Decaf Available

COFFEE

Locally Roasted Coffee Beans

Oat or Soya Milk +50p

Double Espresso.....£2.60	Mocha..... £4.10
Latte.....£3.60	Flat White..... £3.60
Americano.....£3.00	Cappuccino..... £3.60
Coffee Shot.....£0.50	Syrup Shot.....£0.50
Cadburys Hot Chocolate.....£3.60	

ICED LATTE

Iced Latte.....£3.60	Vanila Iced Latte..... £4.10
Caramel Iced Latte.....£4.10	Hazelnut Iced Latte..... £4.10
Mocha Iced Latte.....£4.10	Oat Milk Iced Latte..... £4.10

TEA

Breakfast Tea.....£2.80
Decaf Tea.....£2.80

Fruit Smoothies

£4.25

PASH 'N' SHOOT Pineapple, Mango & Passion Fruit	BERRY GO ROUND Strawberry, Raspberry & Mango
STRAWBERRY SPLIT Strawberry & Banana	BIG 5 Pineapple, Mango, Strawberry & Kiwi

Blended with Orange Juice



TAKEAWAY MENU

All our food and drinks are made to order using local ingredients where possible.

Food Served - 0800-1500

Ask for our daily specials!

Call In Your Order &

Beat the Rush!

01243 389181

1a Central Buildings, West St, Emsworth PO10 7DU



April 2026

BREADS

- Granary Sandwich ●
- Farmhouse Sandwich ●
 - White Baguette ●
- Wholemeal Baguette ●
 - Tortilla Wrap ●



CHICKEN

Roast Chicken, Avocado, Bacon & Brie.....	£6.00
Roast Chicken, Avocado, Roasted Red Pepper & Pesto.....	£5.00
Curried Chicken, Mango Chutney & Lettuce.....	£5.00
Roast Chicken, Mature Cheddar, Jalapeños, Lettuce & Mayo.....	£5.50
Roast Chicken, Chilli Jam, Lettuce, Tomato & Cucumber.....	£4.60
Piri Piri Chicken, Olives, Red Onion & Lettuce.....	£4.90
BBQ Chicken, Bacon, Lettuce & Red Onion.....	£5.20



MEAT

Bacon, Sausage & Egg Mayo.....	£5.50
Bacon, Lettuce, Tomato & Mayonnaise.....	£4.40
Parma Ham, Mozzarella, Sun-Dried Tomatoes & Olives.....	£6.50
Salami, Goat's Cheese, Tomato & Mayonnaise.....	£5.80
Bacon, French Brie & Cranberry.....	£4.80
Gammon Ham, Mature Cheddar & Caramelised Onion Chutney.....	£4.80
Roast Beef, Horseradish & Tomato.....	£5.00
Salami, Mozzarella, Jalapeños & Mayonnaise.....	£5.30

SEAFOOD

Prawn Seafood Sauce & Lettuce.....	£4.90
Smoked Salmon & Cream Cheese.....	£5.90
Prawn Mayonnaise & Avocado.....	£5.20
Tuna Mayonnaise & Cucumber.....	£4.10

CHEESE/ VEGETARIAN

French Brie & Cranberry.....	£4.00
Mature Cheddar & Blue Cheese Ploughman's.....	£5.40
Goat's Cheese, Fig Relish, Lettuce & Red Onion.....	£5.20
Jarlsberg Cheese, Chilli Jam, Tomato & Lettuce.....	£5.20
Mozzarella, Avocado & Tomato.....	£4.60
Smoked Cheddar, Caramelised Onion Chutney & Lettuce.....	£4.20
Free Range Egg Mayonnaise & Cress.....	£4.10



VEGAN

Onion Bhaji, Mango Chutney, Cucumber & Lettuce.....	£5.20
Houmous, Roasted Red Pepper, Cucumber & Olives.....	£5.10
Beetroot Falafel, Lettuce & Caramelised Onion Chutney.....	£5.00

STEP 1 - CHOOSE YOUR BREAD

STEP 2 - CHOOSE YOUR FILLING

STEP 3 - ENJOY!