

Salads

Choose a Salad

Mixed Leaf Salad - Coleslaw, Lettuce, Cucumber, Tomato, Sweetcorn, Red Onion, Cress & Roasted Red Peppers

Wholemeal Pasta Salad - Wholemeal Pasta, Sweetcorn, Chives, Roasted Red Pepper, Red Onion, Chilli Jam & Mayonnaise

Add a Topping

British Cheese - Mature Cheddar, Blue Cheese & Pickle **£5.00**

Chicken Caesar - Roast Chicken & Caesar Dressing..... **£4.30**

Deli Classic - Roast Chicken, Bacon & Avocado..... **£5.20**

Beetroot Falafel & Caramelised Onion Chutney **£5.00**

Extra Fillings

Standard Filling..... **£0.70**

Premium Filling..... **£1.40**

Standard Salad **£0.10**

Premium Salad **£0.30**

Sauces..... **£0.10**



Drinks

COFFEE

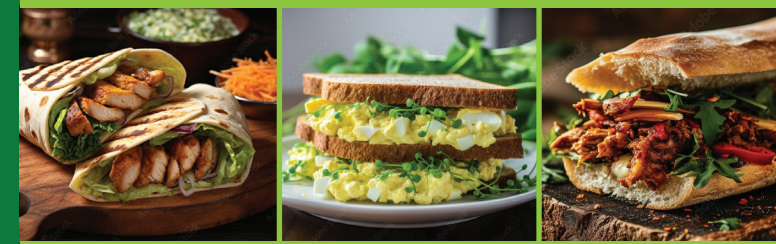
Oat or Soya Milk +£0.40

Locally
Roasted
Coffee
Beans

Espresso	£2.50	Mocha.....	£4.00
Latte	£3.50	Flat White	£3.50
Americano.....	£2.80	Iced Latte	£3.50
Cappuccino	£3.50	Coffee Shot	£0.50
Cadburys Hot Chocolate	£3.50		
Syrup Shot (Vanilla - Hazelnut - Caramel - Chocolate)	£0.50		

TEA

Breakfast Tea..... £2.70



Fruit Smoothies £4.00

PASH 'N' SHOOT

Pineapple, Mango
& Passion Fruit

BERRY GO ROUND

Strawberry, Raspberry
& Mango

STRAWBERRY SPLIT

Strawberry & Banana

MELON REFRESHER

Melon, Strawberry & Mango

GRAPE ESCAPE

Strawberry, Grape, Banana
& Blueberry

BIG 5

Pineapple, Mango,
Strawberry & Kiwi

Blended with
Orange Juice



TAKEAWAY MENU

All our food and drinks are made to order
using local ingredients where possible.

Food Served - 0800-1500

Ask for
our daily
specials!

Call your order in

Beat the Rush!

01243 389181

1a Central Buildings, West St, Emsworth PO10 7DU



Breads

Granary Sandwich
Farmhouse Sandwich
White Baguette
Wholemeal Baguette
Tortilla Wrap



Chicken

Roast Chicken, Avocado, Bacon & Brie **£5.20**
Roast Chicken, Chorizo, Lettuce & Mayonnaise **£4.40**
Curried Chicken, Mango Chutney & Lettuce **£4.40**
Roast Chicken, Mature Cheddar, Jalapeños, Lettuce & Mayo ... **£4.70**
Roast Chicken, Avocado, Roasted Pepper & Red Pesto **£4.20**
Roast Chicken, Chilli Jam, Lettuce, Tomato & Cucumber..... **£3.90**
Piri Piri Chicken, Olives, Red Onion & Lettuce **£4.10**
BBQ Chicken, Bacon, Lettuce & Red Onion **£4.50**



Meat

Bacon, Sausage & Egg Mayo **£4.90**
Bacon, Lettuce, Tomato & Mayonnaise **£3.80**
Parma Ham, Mozzarella, Sun-Dried Tomatoes & Olives **£5.50**
Salami, Goat's Cheese, Tomato & Mayonnaise **£5.10**
Bacon, French Brie & Cranberry..... **£4.30**
Gammon Ham, Mature Cheddar & Caramelised Onion Chutney .. **£4.30**
Roast Beef, Horseradish & Tomato **£4.40**
Salami, Mozzarella, Jalapeños & Mayonnaise..... **£4.60**

Seafood

Prawn Seafood Sauce & Lettuce **£4.30**
Smoked Salmon & Cream Cheese..... **£5.50**
Prawn Mayonnaise & Avocado **£4.50**
Tuna Mayonnaise & Cucumber **£3.60**

Cheese / Vegetarian



French Brie & Cranberry..... **£3.60**
Mature Cheddar & Blue Cheese Ploughman's **£4.60**
Goats Cheese, Fig Relish, Lettuce & Red Onion **£4.50**
Jarlsberg Cheese, Chilli Jam, Tomato & Lettuce **£4.40**
Mozzarella, Avocado & Tomato **£3.90**
Smoked Cheddar, Caramelised Onion Chutney & Lettuce..... **£3.70**
Free Range Egg Mayonnaise & Cress **£3.60**



Vegan

Onion Bhaji, Mango Chutney, Cucumber & Lettuce..... **£4.50**
Houmous, Red Pepper, Cucumber & Olives **£4.20**
Beetroot Falafel, Lettuce & Caramelised Onion Chutney..... **£4.40**

STEP 1 - CHOOSE YOUR BREAD

STEP 2 - CHOOSE YOUR FILLING

STEP 3 - ENJOY!